

No one said residency  
would be easy.

But it doesn't have to  
be *quite* so hard.

Designed specifically for residents,  
NEJM Resident 360 gives you the  
information, resources, and support  
you need to approach each rotation  
with confidence.

# NEJM Resident 360



*In case you were wondering: Both rate and rhythm control strategies can be effective in patients in atrial fibrillation. The AFFIRM trial published in NEJM in 2002 showed that rhythm control had no survival benefit over rate control, but had potentially more side effects. The CHADS2-VASC score can be used to determine if your patient requires anti-coagulation, although this must be weighed against his or her anti-coagulating risks.*

**But you already knew that, right? No? Check out NEJM Resident 360.**



**Don't start your rotation without it.  
Sign up for your account: [resident360.nejm.org](https://resident360.nejm.org)**

“Mrs. Thompson is in atrial fibrillation. Should you treat with a rate-control or rhythm-control strategy?”



...ummm...



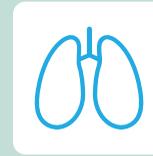
“Should you anti-coagulate her?”



"Ummm"-proof your rotation with:



- ✓ Highly relevant
- ✓ Carefully curated
- ✓ Attending approved



## Rotation Prep to get you up to speed fast.

Build foundational knowledge to supplement the IM residency curriculum.

- Landmark articles in core Internal Medicine specialties – all carefully curated from NEJM and other respected sources – give you the foundational information you need to succeed.
- Procedural videos to refresh your memory, with key topics, such as “Placement of an Arterial Line” and “Central Venous Catherization.”

## Resources to get by — and get ahead.



# Connections to people who get you.



“Is it a good idea to plan on having Public Service Loan Forgiveness forgive the remaining balance on my loans?”

Podcasts, blogs, and discussions just for residents.

- Join discussions on popular topics such as resident burnout, managing medical school debt and more.
- Meet residents who are just like you (and completely different from you but totally understand you anyway).

“Can we give trainees power to help reduce burnout?”



Find the professional guidance you need to successfully manage your career — and your life — when you don't have time to think about either.

- Non-clinical topics on residency life, such as finding a fellowship and more.
- Teaching tools and learning resources for use throughout your residency.