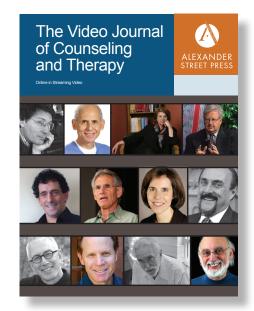
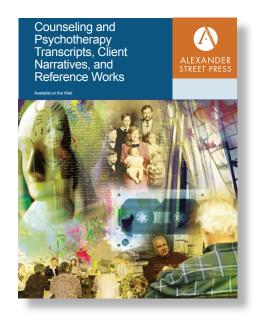
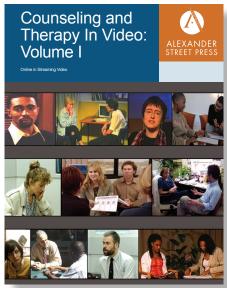
Counseling and Therapy Online Resources

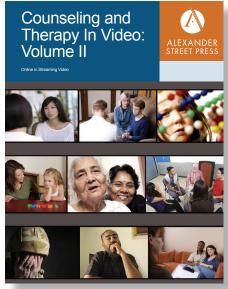
Video. Transcripts. Narratives. Reference.

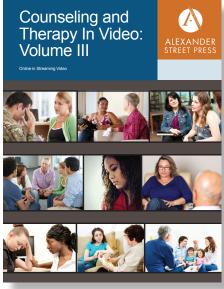












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Video. Transcripts. Narratives. Reference.

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A Library Journal Best Reference Award Winner!

"The content here is astonishingly deep, broad, and expert, as well as unique, and you are not going to find anything even remotely similar online. . . . A strong ten."—Library Journal

Award-winning *Volume I* contains more than **400 hours of training videos**, reenactments, and footage of actual therapy sessions conducted by renowned counselors, psychiatrists, psychologists, and social workers. It provides an invaluable firsthand look at the realities of working with clients and the challenges associated with putting theoretical concepts into practice. It features prominent therapists such as Jon Carlson, Allen Ivey, Insoo Kim Berg, and many others, demonstrating their methods in true-to-life situations across dozens of therapeutic methods, diagnoses, and cultural groups.

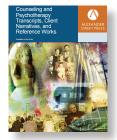
Volume II adds more than **300 hours of additional content**, placing special emphasis on contemporary topics such as family therapy, child therapy, geriatric therapy, play therapy, weight control and eating disorders, PTSD, sex therapy, culturally sensitive therapy, and CBT. The films feature distinguished counselors such as Albert Ellis, John Norcross, Arnold Lazarus, Otto Kernberg, Violet Oaklander, Derald Wing Sue, and many others.

Volume III presents a firm grounding in the theoretical modalities of counseling and psychotherapy, while expanding into new and emerging areas such as social media, veterans, cyberbullying, mindfulness, and neuroscience. It features the giants of counseling and psychotherapy, such as Viktor Frankl, Albert Bandura, Albert Ellis, Aaron Beck, Virginia Satir, Jay Haley, and Carl Rogers. More than **300 hours of video** emphasizes the evolution of the field, juxtaposing the history of psychotherapy with future directions by examining new techniques, methods, and research-informed practice.

Counseling and Psychotherapy Transcripts, Client Narratives, and Reference Works

A CHOICE Outstanding Title Award Winner!

"This is a great resource. . . . Essential." — CHOICE



This landmark collection is growing to include more than **2,000 transcripts** of actual therapy sessions, **40,000 pages of first-person narratives** focused on the therapy process, and **25,000 pages of major reference works**. The session transcripts, offered here in strict compliance with the American Psychological Association's Ethics Guidelines for use and anonymity, give students, teachers, and practitioners in the helping professions an invaluable training and research tool. Identify content by symptoms, therapeutic approaches, characteristics of the therapist and patient, life events, and more.

The Video Journal of Counseling and Therapy



The Video Journal of Counseling and Therapy launched in 2012 with more than **1,000 hours of contemporary presentations**, lectures, and workshops filmed at conferences and seminars worldwide. It contains presentations from world-renowned researchers and clinicians, such as Donald Meichenbaum, John Gottman, Daniel Amen, Marsha Linehan, Jon Kabat-Zinn, and Phil Zimbardo. Much like traditional, text-based academic journals, the collection will provide the most up-to-date content in counseling and psychology with a focus on studies, trends, techniques, and outcomes by adding more than 350 hours of newly filmed content each year.

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