

*Prepare your students for  
their counseling careers*

**COUNSELING & THERAPY**



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# ALEXANDER STREET'S COUNSELING & THERAPY COLLECTIONS

*Provide your students with the essential skills and knowledge  
to work effectively with clients*

## Diverse Content to Engage Students

### ACTUAL THERAPY SESSIONS & REENACTMENTS

Hundreds of counseling sessions cover a wide range of theories and skills, and include diverse clients and presenting issues.

### TRAINING VIDEOS

Lectures and workshops focus on latest research and evidence-based practices.

### TRANSCRIPTS

6,000 transcripts from real therapy sessions give researchers unprecedented access to presenting conditions and treatment.


### DSM-5®/ICD-10 CONTENT


The largest collection of DSM-5®/ICD-10 video content found anywhere. Assessments gauge student understanding.

## Exclusive Content Partners

- **Microtraining**, *Alexander Street's Counseling Imprint*, offers a strong emphasis on culturally sensitive counselor training videos.
- **Symptom Media** is the leading provider of DSM-5®/ICD-10 video content.
- **Milton Erickson Foundation** focuses on educating students and advancing the contributions made to the health sciences by Milton H. Erickson.
- **PESI, Inc.** is a leading continuing education provider of mental health content.

## Award Winning

 **Library Journal**  
– **Best Niche Product**  
*Counseling and Therapy in Video and Psychotherapy Transcripts: Volumes I-II*

 **Choice Outstanding Title Award Winner**  
*Psychotherapy Transcripts: Volumes I-II*

## Access to the Experts

### Highlighted experts include:

- Derald Wing Sue – *Multicultural Expert*
- Allen Ivey – *Microskills Model of Counseling*
- Jay Haley – *Strategic Therapy*
- Janet Helms – *Cultural Identity Theory*
- Sam Gladding – *Spirituality & Family Counseling*
- Scott Miller – *Feedback Informed Treatment*
- Jeffrey Kottler – *Group Counseling*
- Sue Johnson – *Marriage and Family*
- Stephen Rollnick – *Motivational Interviewing*
- Janina Fisher – *Trauma*
- Bill O'Hanlon – *Brief Therapy*
- Carl Rogers – *Client Centered Therapy*
- Aaron Beck – *Cognitive Therapy*
- Virginia Satir – *Family Therapy*
- Rollo May – *Existential Therapy*
- William Glasser – *Reality Therapy*
- James Bugental – *Humanistic Therapy*



## Foundational videos from 1985-2010 cover recent history of practices

**Counseling & Therapy in Video: Classic** provides 500+ hours of video offering a firsthand look at the realities of working with clients and the challenges associated with putting theoretical concepts into practice. World renowned therapists such as Albert Ellis, Violet Oaklander, Derald Wing Sue, and John Norcross demonstrate their methods and techniques. Students and faculty will also find documentaries on the human condition, which help with reflection and empathy skills.

**Highlights include:** *The Mirror Cracked: Attachment* and *the Therapeutic Relationship; Women and Depression; Web of Addiction.*



## Films about the founders of theory and the progression of practices to today

**Counseling & Therapy in Video: Volume III** presents a firm grounding in the theoretical modalities of counseling and psychotherapy while expanding into new and emerging areas such as social media, veterans, cyberbullying, mindfulness, and neuroscience.

**Highlights include:** The "giants" in the field such as Viktor Frankl, Albert Bandura, Albert Ellis, Aaron Beck, Virginia Satir, Jay Haley, and Carl Rogers, whose theoretical models shape the way we look at counseling today. More than 300 hours of video are available, with 70% of titles filmed in 2012 or later.



## Addresses new population groups, contemporary approaches and issues

**Counseling & Therapy in Video: Volume IV** is tied to prevalent issues in counseling, such as the rise in cases involving underserved populations, racial trauma, veterans suffering from PTSD, as well as the compassion fatigue experienced by counselors themselves. This volume delivers content aligned with the CACREP eight common core areas, and introduces the DSM5® and ICD-10. The only multi-media collection of the counseling volumes, *Volume IV* includes both video and text to further enhance teaching, learning, and research opportunities.

At completion, *Volume IV* will include: 300 hours of video, 95% created since 2012; 400 transcripts from real therapy sessions; 1,200 hours of expert-led presentations, lectures, and workshops; and 45,000 pages of ebooks and periodicals, including digitized archives of *Psychotherapy Networker* and *Counseling Today*.



## Comprehensive DSM-5® / ICD-10 coverage has built-in assessments to assess comprehension

Ideal for counseling, psychology, social work, nursing and other behavioral health care courses, **Counseling & Therapy in Video: Volume V, The Symptom Media Collection** helps students better recognize mental health disorders and provides accurate diagnoses via 400+ streaming mental health videos aligned to DSM-5®/ICD-10 content.

Videos range from 30 seconds to 15 minutes and are easily integrated into courses and lectures, used for homework assignments, or to spark class discussion. *Volume V* also provides assessment options for faculty.



## Psychotherapy Transcripts: Volumes I-II

6,000 transcripts of real therapy sessions, 40,000 pages of client narratives, and 25,000 pages of reference works in one cross-searchable interface bring the therapeutic process to life and provide unprecedented levels of access to the broadest range of clients.

**Free Trial Available:** [alexanderstreet.com/counseling](http://alexanderstreet.com/counseling)



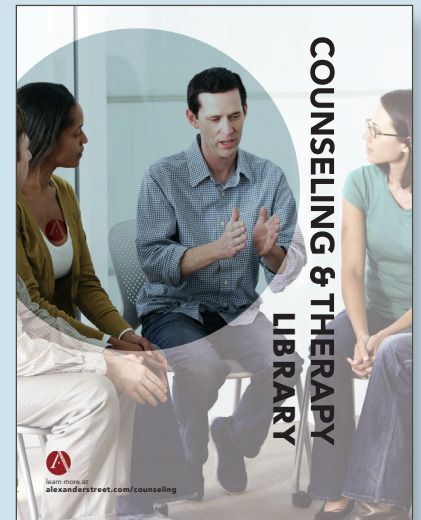
ALL VOLUMES AVAILABLE FOR SALE INDIVIDUALLY

# Want It All? **The Choice Is Yours...**



## COUNSELING & THERAPY IN VIDEO LIBRARY

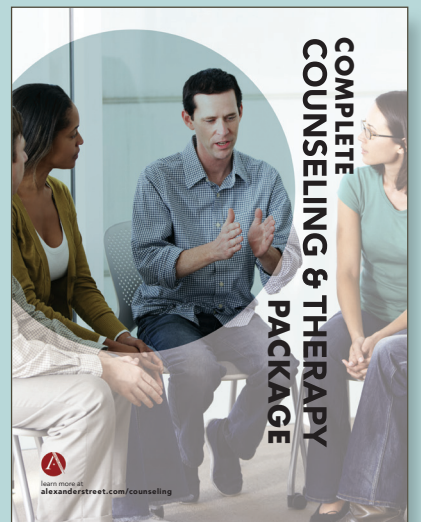
All 4 volumes are combined in *The Library* to support your teaching and training needs, providing approximately 2,400 hours of video (500+ hours produced since 2012) and 50,000 pages of text.



**Best Value!**

## COMPLETE COUNSELING & THERAPY PACKAGE

Contains *The Library* + *Psychotherapy Transcripts: Volumes I-II* for the most comprehensive coverage supporting teaching and research.



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