

No one said residency
would be easy.

But it doesn't have to
be *quite* so hard.

Designed specifically for residents,
NEJM Resident 360 gives you the
information, resources, and support
you need to approach each rotation
with confidence.

NEJM

Resident 360




In case you were wondering: Both rate and rhythm control strategies can be effective in patients in atrial fibrillation. The AFFIRM trial published in NEJM in 2002 showed that rhythm control had no survival benefit over rate control, but had potentially more side effects. The CHADS2-VASC score can be used to determine if your patient requires anti-coagulation, although this must be weighed against his or her anti-coagulating risks.

But you already knew that, right? No? Check out NEJM Resident 360.



Don't start your rotation without it.
Sign up for your account: resident360.nejm.org




"Mrs. Thompson is in atrial fibrillation. Should you treat with a rate-control or rhythm-control strategy?"

The first panel of a comic strip shows a clinical setting. On the left, a female doctor with short dark hair and a stethoscope around her neck is gesturing with her right hand. In the center, a patient with short blonde hair lies in a hospital bed, looking downcast. On the right, a male nurse with short dark hair holds a blue clipboard. A speech bubble from the doctor contains the text. In the background, there is a clock icon with a checkmark and a light blue rectangular box.



...ummm...

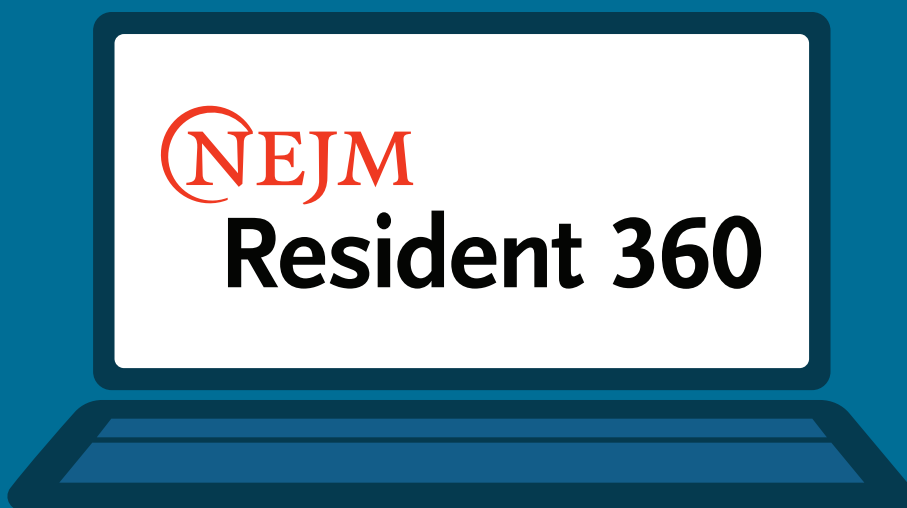
The second panel is a close-up of the male nurse. He has a thoughtful expression, with his hand resting on his chin. Above his head are three blue teardrop shapes. A large, dark blue thought bubble to his right contains the text "...ummm...".



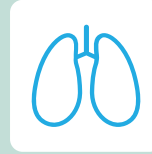
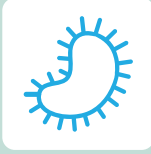
"Should you anti-coagulate her?"

The third panel is a close-up of the female doctor. She has a serious expression with a furrowed brow. A speech bubble to her left contains the text. The background is a solid light green color.

"Ummm"-proof your rotation with:



- ✓ Highly relevant
- ✓ Carefully curated
- ✓ Attending approved



Rotation Prep to get you up to speed fast.

Build foundational
knowledge to
supplement the IM
residency curriculum.

- Landmark articles in core Internal Medicine specialties — all carefully curated from NEJM and other respected sources — give you the foundational information you need to succeed.
- Procedural videos to refresh your memory, with key topics, such as “Placement of an Arterial Line” and “Central Venous Catherization.”

Resources to get by — and get ahead.



Connections to people who get you.



"Is it a good idea to plan on having Public Service Loan Forgiveness forgive the remaining balance on my loans?"

Podcasts, blogs, and discussions just for residents.

- Join discussions on popular topics such as resident burnout, managing medical school debt and more.
- Meet residents who are just like you (and completely different from you but totally understand you anyway).

"Can we give trainees power to help reduce burnout?"



Find the professional guidance you need to successfully manage your career — and your life — when you don't have time to think about either.

- Non-clinical topics on residency life, such as finding a fellowship and more.
- Teaching tools and learning resources for use throughout your residency.